



A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO — FORT SAM HOUSTON



ARNORTH TRAINS FOR DISASTERS

PAGE 3



JBSA -CAMP BULLIS OUTDOOR REC

PAGES 10-11



USAMITC TELEHEALTH

PAGE 14

Persistence pays off in many ways for Marine treated at burn center

By Steven Galvan
U.S. Army Institute of
Surgical Research Public Affairs

Most 8-year-old kids don't know what they want to be when they grow up.

That wasn't the case with Douglas F. Cianchetta. At that age, he was taken to a naval base in Norfolk, Va., to witness the christening of a ship – a guided missile destroyer named after his grandfather's cousin, Donald Cook.

That was the first time the 8-year-old native of New York saw a U.S. Marine. From that point, Cianchetta knew he wanted to be a "Devil Dog."

"The moment I graduated from high school, I went to boot camp," he said.

Cianchetta attended recruit training in June 2005 and then on to the infantry training battalion course to become an infantryman. "I didn't want to do anything but infantry," he said.

Three years later, Corporal Cianchetta was a fire team leader with the Marine 24th Expeditionary Unit, 1st Battalion, 6th Marines, Company A, leading a group of Marines in the Helmand Province of Afghanistan.

After a helicopter insert into an Afghan village to search for weapons, his team took on small arms and automatic weapons fire and came across a weapons cache where the pointman discovered a bag containing purple powder.

Cianchetta took the bag and ordered his team back while he inspected it. "It was booby trapped with an improvised explosive device that lit me on fire," he said.



Photo by Steven Galvan

Douglas F. Cianchetta was hired as a patrolman in October 2011 with the Windcrest Police Department, a suburb of San Antonio, despite being told it was unlikely he could be hired.

His arms, sides, back and legs were burned – in all, 48 percent of his body had been incinerated.

Cianchetta was medically evacuated to San Antonio where he spent nine months as a patient at the U.S. Army Institute of

Surgical Research Burn Center at Joint Base San Antonio-Fort Sam Houston.

For almost two years after being discharged from the burn center,

See MARINE, P13

News Leader

A PUBLICATION OF THE 502ND AIR BASE WING - JOINT BASE SAN ANTONIO - FORT SAM HOUSTON

Editorial Staff

JBSA/502nd Air Base Wing
Commander
Brig. Gen. Theresa C. Carter

JBSA/502nd ABW
Public Affairs Director
Todd G. White

JBSA-FSH Public Affairs Officer
Karla L. Gonzalez

Editor
Steve Elliott

Writer/Editor
Lori Newman

Layout Artist
Joe Funtanilla

News Leader office:

2080 Wilson Way
Building 247, Suite 211
Fort Sam Houston
Texas 78234-5004
210-221-2030
DSN 471-2030

News Leader Advertisements:

Prime Time
Military Newspapers
2203 Hackberry
San Antonio, TX 78210
210-534-8848

News Leader email:

usaf.jbsa.502-abw.mbx.
fsh-news-leader@mail.mil

News Leader online:

www.samhouston.army.mil/PAO

This Air Force newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of Defense. It is published weekly by the 502nd Air Base Wing and Joint Base San Antonio-Fort Sam Houston Public Affairs Office, 2080 Wilson Way, Building 247, Suite 211, Fort Sam Houston, Texas 78234-5004; 210-221-2030, DSN 471-2030. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The editorial content of this publication is the responsibility of the Director of Public Affairs. The News Leader is published by Prime Time, Inc., Military Newspapers, 2203 Hackberry, San Antonio, Texas 78210, (210) 534-8848, a private firm in no way connected with the U.S. government, under exclusive written contract with the 502nd Air Base Wing and JBSA-Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Air Force. Stories and photos for publication consideration may be e-mailed to usaf.jbsa.502-abw.mbx.fsh-news-leader@mail.mil by close of business Friday.

Hagel announces fewer furlough days for civilians

By Nick Simeone
American Forces Press Service

The Defense Department has revised from 22 to 14 the number of days hundreds of thousands of civilian employees could be furloughed this year because of the budget sequester, Defense Secretary Chuck Hagel announced March 28.

In addition, a senior Defense Department official speaking on background told reporters the start of the furloughs will be delayed until mid-to-late June, after more than 700,000 department employees receive furlough notices now set to go out in early May.

Furloughs would happen over seven two-week pay periods until the end of September, when the current fiscal year ends, the senior official said, with employees likely to be told not to come to work for two days during each of those pay periods.

Department officials say they are still work-

ing to determine which employees might be exempted.

Hagel characterized the reduced furloughs as well as a revised estimate of sequestration's impact on the defense budget as good news.

The changes follow Congressional approval last week of a defense appropriations bill that prevented an additional \$6 billion dollars in cuts, ordered under sequestration, from taking effect.

"It reduces a shortfall at least in the operations budget," the secretary told reporters at a Pentagon news conference.

"We came out better than we went in under the sequester, where it looks like our number is \$41 billion [in cuts] now versus the \$46 billion."

But despite a Congressional reprieve, Hagel said the Pentagon is still going to be short at least \$22 billion for operations and maintenance, "and that means we are going to have to prioritize and



Photo by Glenn Fawcett

Army Gen. Martin E. Dempsey (right), chairman of the Joint Chiefs of Staff, and Defense Secretary Chuck Hagel brief reporters at the Pentagon March 28. Hagel and Dempsey discussed the ongoing sequester affecting the Defense Department's budget and North Korea's recent provocative actions.

make some cuts and do what we've got to do," including making sharp reductions in base operating support and training for nondeployed units.

More critical in the long run, he said, is how budget cuts will affect readiness and the department's overall mission.

Because of that concern, he said he has directed Deputy Defense

Secretary Ash Carter and Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, to conduct an intensive department-wide review of U.S. strategic interests including how to protect the nation with fewer resources.

"How do we prioritize the threats and then the capabilities required to deal with threats?"

he said. "There will be some significant changes, there's no way around it."

Dempsey said the department has already exhausted 80 percent of its operating funds halfway through the fiscal year and characterized the current budget situation as "not the deepest, but the steepest decline in our budget ever," and warned it will affect military readiness into the future.

"We will have to trade at some level and to some degree our future readiness for current operations," the chairman said. He called on elected leaders to give the Pentagon the budget flexibility it needs to carry out institutional reforms.

"We can't afford excess equipment," Dempsey said. "We can't afford excess facilities. We have to reform how we buy weapons and services. We have to reduce redundancy. And we've got to change, at some level, our compensation structure."

DOD updates sexual assault prevention and response policy

By Nick Simeone
American Forces Press Service

The Department of Defense released updated policies and procedures March 28 aimed at combating sexual assaults in the military and improving care for victims.

Senior defense officials said the updated policies and procedures provide a framework that improves safety for sexual assault victims, standardizes

victim-assistance services across the force, enhances prevention efforts and provides victims added confidence to come forward to report assaults and seek treatment.

"Today's release of an updated policy directive underscores the department's commitment to combating sexual assault on every level within the military," said Army Maj. Gen. Gary S. Patton, director of DOD's Sexual

Assault Prevention and Response Office.

SAPRO officials said the policy changes came about through a coordinated effort among the services, the National Guard Bureau, the DOD inspector general, military healthcare providers, chaplains and the entire DOD community to improve every aspect of the department's response to sexual assault.

"We have thousands

of victims in the armed forces," said Air Force Col. Alan R. Metzler, SAPRO's deputy director. "We need to make sure that we prevent sexual assault from happening, and when it does, provide a response system that can care for people and hold people accountable so we can get the perpetrators out of the armed forces."

The updated policies incorporate expedited

transfers for victims, establish a hotline for crisis intervention, and require additional training as well as new, uniform standards for care givers.

"We have worked with the national certification body and codified into our policy that every victim advocate, every sexual assault response coordinator have a level of training and compe-

See ASSAULT, P16



Joint Base San Antonio
<http://www.facebook.com/JointBaseSanAntonio>
Joint Base San Antonio-Fort Sam Houston
<http://www.facebook.com/JBSAFortSamHouston>



Joint Base San Antonio
http://www.twitter.com/JBSA_Official
Joint Base San Antonio-Fort Sam Houston
<http://www.twitter.com/JBSAFSH>



<http://www.jbsa.af.mil>
<http://www.samhouston.army.mil/pao>

News Briefs

AMEDDC&S Change of Command

Maj. Gen. Philip Volpe will relinquish command of the Army Medical Department Center and School to Col. Randall Anderson during a ceremony 9 a.m. Friday at MacArthur Parade Field at Joint Base San Antonio-Fort Sam Houston.

AMEDDC&S Retirement and Retreat Ceremony

The Army Medical Department Center and School will host a Retirement and Retreat Ceremony at 4:30 p.m. Friday in honor of Maj. Gen. Philip Volpe at the main flagpole at Joint Base San Antonio-Fort Sam Houston.

Joint Base San Antonio Sexual Assault Awareness Month Activities

A variety of events are offered during April, which is Sexual Assault Awareness Month. Free self-defense classes are offered at the JBSA-Lackland Warhawk Fitness Center at 4:30 p.m. Wednesday; at the JBSA-Fort Sam Houston Jimmy Brought Fitness Center at 4:30 p.m. April 17 and at the JBSA Randolph Rambler Fitness Center at 4:30 p.m. April 24. A "Choose Respect" teen dance is offered at the JBSA-Lackland Youth Center from 6 to 11 p.m. April 26. Call 671-7273 for more information about the dance.

Military Clothing Sales Offers Free Alterations For Wounded Warriors

The Army and Air Force Exchange Service offers free alterations and modifications for severely wounded, ill and injured Soldiers at all 79 Army Military Clothing stores around the world. This Army-led initiative ensures all wounded Soldiers receive free alterations and modifications on all issued uniforms in accordance with the Wounded Warrior Clothing Support Program, to include the Army Service, Combat and Improved Physical Fitness uniforms as well as undergarments. Eligible Soldiers must present an approved Army Form 3078 along with the prescribed modifications by their physical or occupational therapist to receive free services.

MacArthur Grandstand Renovation

Renovation of the MacArthur Field reviewing grandstand starts this month and will add additional seats and a command reviewing area. The

ARNORTH helps units prepare for disasters

By Staff Sgt. Corey Baltos
ARNORTH Public Affairs

Chernobyl and Fukushima.

Just the mention of either of these harkens back to thoughts and memories of past and recent nuclear disasters.

If such an event occurred in the United States, the ability to respond would most likely be beyond the capacity of local responders.

This would likely result in a request for the U.S. military to provide specially trained teams of chemical, biological, radiological and nuclear disaster professionals to aid the federal response.

The mission of U.S. Army North's Civil Support Training Activity is to help units train up to standards in the event they are called upon to provide that support.

CTSA-Central traveled to Fort Hood March 22 through 25 to support the readiness field training exercise of the 2nd Chemical Battalion, which is based at Fort Hood.

While CSTA frequently conducts training and evaluations of civil support teams, the training event marked the first time they helped support the training of a Defense Chemical, Biological, Radiological and Nuclear Response Force unit.

"We are providing the unit with observer-controller training as well as providing feedback to the battalion," said Ted Lopez, a team chief with CSTA-Central.

"CSTA has put together an excellent trailing venue for the 2nd CBRN Battalion to operate as a task force working with the incident commander

to increase their experience with consequence management."

While each state has a local civil support training activity manned by National Guard Soldiers and Airmen, the Department of Defense also tasks specific active-duty units to serve on call for one fiscal year, in the event a CBRN emergency occurs in the United States.

Such is the mission for 2nd CBRN Battalion, which has been identified as one of the units in support of Department of Defense's DCRF. The battalion, along with two of its companies, is based out of Fort Hood. One of its companies, the 21st Chemical Company, is stationed at Fort Bragg, N.C.

When directed by the DOD, the DCRF's 5,200 assigned personnel deploy as part of the federal response to assist local first responders.

They provide support by assessing a CBRN incident, providing search and rescue operations, and decontaminate emergency medical support as well as security and logistics support.

"CSTA is providing vital sustainment training for the 2nd CBRN Battalion to continue to develop their commander's concept plan on how to support the DCRF mission," Lopez said.

"This will be the first time the battalion task force has had the opportunity to train, as such, in a DCRF mission set that includes the battalion mission command and command and control elements."

While those in the battalion said they hope they'll never be called on



Photo by Staff Sgt. Corey Baltos

Sp. Alejandro Quitana (left) and Staff Sgt. Monica Jackson, 21st Chemical Company, 2nd Chemical Battalion, monitor a recently decontaminated casualty for "hits" of chemical decontamination March 25 during the battalion's field training exercise.

to perform their DCRF mission, they said it is important to be ready if needed.

"The purpose of the exercise is to sustain our proficiency for our DCRF mission," said Maj. Mathew Kelly, operations officer for the 2nd CBRN Battalion.

"We don't get to train as a battalion very much because we are spread out at two different locations."

During the first three days of the exercise, CSTA-Central personnel provided feedback to the battalion on its ability to successfully conduct sensitive site exploitation route reconnaissance, mass casualty decontamination and conventional decontamination. Each of the companies underwent an event each day.

On the final day, the three companies conducted the same vital task: decontaminating mass casualties and conducting a relief in place.

Throughout the training, the Soldiers worked within a scenario where

hundreds of people, who reside in the Fort Hood's Comanche Village housing area, displayed the signs and symptoms of chemical agent exposure.

In the exercise, area hospitals requested the battalion set up a mass casualty decontamination site to decontaminate the victims before sending them through to the hospital.

The Soldiers were told to expect approximately 800 people, who suffered from mild to severe signs of chemical agent exposure.

"Today is the day that everything comes together," said Pfc. David Anderson, a CBRN specialist with the 21st Chemical Company.

"The incident has taken place, and now we have to decontaminate and process everyone."

A mass decontamination process looks very much like an assembly line, Anderson said.

Victims are brought over, sent through the line for removal of the

chemical agent, and their names and condition are then recorded by record keepers at the end.

"Normally during a mass casualty decontamination process, the affected people are led through a wash area where their clothing is removed, and they are scrubbed of the agent," said Sgt. 1st Class John Robles, also a CBRN specialist with the 21st Chemical Company.

"Then, they are given a blanket and new clothing," Robles added. "However, because it is so cold outside, we only got the dummies wet and the role players left their clothes on."

One of the more difficult parts of the day was during the relief in place, partly due to people being processed through while a shift change was taking place.

The training went very well, said Lt. Col. Richard Dunbar, Army North CSTA.

"The Soldiers are learning more each day," he said. "The relief in place is difficult because the equipment is staying in place, and the role players are still there, but the unit is changing shifts. Everything has to keep going."

The 2nd Chemical Battalion Soldiers said they welcomed having Army North trainers assisting them.

"They have been giving us good feedback on how we have been doing each day," said Warrant Officer Elliott Ritchey.

"They have lots of experience in dealing with this type of scenario, and they are legitimately giving us a true assessment on our capability."

Revised Air Force Instruction changes process for duty-limiting conditions

By Robert Goetz
JBSA-Randolph Public Affairs

Airmen who have medical conditions that restrict their physical training activities or exempt them from all or portions of their fitness assessment have a new process to follow.

A revised Air Force Instruction 10-203, published this year, governs duty limiting conditions and their impact on Airmen's fitness requirements, as well as their Air Force Specialty Code duties and mobility.

The document, which revises AFI 10-203 published in June 2010, expands the health care provider's role and alters the process flow for Air Force Form 469, also known as the Duty Limiting Condition Report, among other changes.

"The changes to the program streamline the

process for Airmen in that they will receive immediate notification from their primary care manager of any fitness restrictions given to them," said Mike Landez, 359th Aerospace Medicine Squadron medical standards manager.

"For primary care managers, it entails a little more work because they will be required to print the profiles for fitness exemptions and give them to Airmen at the time of their visits."

The AFI also alters the role of the exercise physiologist, who formerly generated the AF Form 469 as well as AF Form 422, which documents exercise prescriptions.

Under the new AFI, an AF Form 422 is not required unless a primary care manager, unit commander or patient requests an exercise pre-



Photo by Senior Airman Christopher Stoltz

An Airman exercises at Maxwell Air Force Base, Ala. Airmen who have medical conditions that restrict their physical training activities or exempt them from all or portions of their fitness assessment have a new process to follow.

scription, Keith Prince, Joint Base San Antonio-Randolph Health and Wellness Center Health

Promotions Flight chief, said.

"I use the 469 to give me a baseline for an

individual's ability," he said.

For Airmen who have a medical condition that impacts their fitness but not their mobility, retention or work duties, the provider generates a 469 that details "functional limitations, specific fitness restrictions ... and fitness assessment exemptions," the AFI reads.

If the restrictions and/or exemptions are 180 days or less in duration, the provider signs and closes the 469 and provides it to the Airman at the time of the appointment and an electronic copy is transmitted to the unit.

If the restrictions or exemptions exceed 180 days, or if it is an exemption specifically for abdominal circumference, the provider signs the 469, then submits it for review by the Medical Standards Management Element and a profiling officer before closing it and transmitting it to the unit.

An electronic copy is an important part of the process because members don't always inform their units about their medical status, Maj. (Dr.) Valerie O'Brien, 359th Medical Operations Squadron family health physician, said.

"Now their unit will get the electronic version within a few days," she said.

In addition, Airmen can check on their Individual Medical Readiness

status online at <https://asims.afms.mil/webapp/myimr.aspx>, said Staff Sgt. Haydee Gonzalez, 359th AMDS medical standards technician.

"The Airman can go in there and see their most current profile," she said. "It's a snapshot of where they're at."

Although exercise physiologists are not part of the 469 process, they still play an important role in ensuring Airmen follow an exercise prescription that will enable them to eventually meet their fitness requirements, O'Brien said.

"The 422 is no longer required in a majority of cases, but we can still ask for a patient to be seen by an exercise physiologist," she said. "It makes exercise physiologists more useful since it frees them up to see the people they need to see and get them back to full-duty status."

Airmen who have a "very limited" profile will not see an exercise physiologist, O'Brien said.

"It's based on medical need," she said.

It's important that Airmen "start the process as soon as they know something's wrong," Landez said.

He pointed to Section 2.18 of AFI 10-203, which says the Airman "must report any new medical condition, medical conditions that potentially affect deployability or any change in medical status to the appropriate medical provider at the time of onset" and "must meet scheduled medical appointments as directed and inform unit supervisor of required follow-up evaluations and appointments."

The bottom line is that the commander "has to know the mission capability of the unit," Landez said.

News Briefs

continued from P3

current grandstand will remain open for use during the construction project. Upon completion of the new area, the existing grandstand will close for construction. The new and renovated facility will double the size of the existing grandstand, contain a covered command review area and upgrade the ventilation, sound and lighting systems. Call 295-0621 for more information.

CPAC Furlough Call Center

The Joint Base San Antonio-Fort Sam Houston Civilian Personnel Advisory Center established a Furlough Call Center at 466-3065 or 221-1425 or email usarmy.jbsa.hqda-cpac.mbx.inquiry@mail.mil. For the latest furlough information, visit the CPAC website at <http://www.samhouston.army.mil/cpac/>.

Wounded Soldier and Family Hotline

The Army chief of staff and the acting secretary of the Army established the Wounded Soldier and Family Hotline to give Soldiers and their families a place to share their concerns on the quality of care received and allow Army senior leadership to determine if appropriate resources are devoted to solving medical-related issues in timely and comprehensive fashion. The hotline is available at 800-984-8523, DSN 421-3700 or via email at wfsupport@amedd.army.mil.

Military Tax Assistance Centers Open

The MTAC is open to all eligible service members, retirees and dependents to obtain free assistance with federal and state tax return preparation. The MTAC at 2271 Reynolds Road is open 8 a.m. to 5 p.m. Monday through Friday by appointment only. Call 295-1040. The San Antonio Military Medical Center also has an office, call 916-1040.

Customer Care Center at CPAC

People looking for job information can visit the new customer care center at the Civilian Personnel Advisory Center, Building 144, 2438 Stanley Road. Army civilian employees can also receive assistance with resetting passwords for the Electronic Benefits Information System or completing employee beneficiary forms. For more information, call 221-1425.

232nd Medical Battalion welcomes new leader

By Phil Reidinger
AMEDDC&S Public Affairs

Soldiers assigned to the largest training battalion in the largest training brigade in the Army welcomed a new leader during a change of command ceremony at Joint Base San Antonio-Fort Sam Houston's MacArthur Field March 27.

Col. Jonathan Fristoe, 32nd Medical Brigade commander and the host for the ceremony, noted the 232nd Medical Battalion trains more than 14,000 Soldiers each year. These are the Army's combat medics, who are the battlefield's "first responders."

During the ceremony, Lt. Col. Eric Sones relinquished command to Lt. Col. Philip Sheridan.

Sones said the battal-

ion, with eight training companies, is one of the most challenging commands.

He acknowledged the professionalism of the company platoon sergeants, the instructors and the staff of the Department of Combat Medic Training tasked with demonstrating to Soldiers "what right looks like."

Sones, who is selected for promotion to colonel, will assume new duties as the G3 for the Europe Regional Medical Command in Heidelberg, Germany.

Prior to assuming command, Sheridan served as the executive officer for the Director for Logistics, Joint Staff, J-4, at the Pentagon.

He expressed his gratitude for the opportunity to command

the battalion that trains the combat medics who are the foundation and future of the military healthcare system.

When welcoming Sheridan and his family to the brigade, Fristoe said that to become combat medics, Soldiers must graduate from a grueling 16-week course that begins with the requirement to complete a national registry emergency medical technician certification during the first eight weeks of training.

The Soldiers learn the principles of their tactical mission, including care under fire, tactical filed care and combat casualty evacuation.

Training includes hemorrhage control; airway management; treatment of a variety of different types of pen-



Photo by Phil Reidinger

Lt. Col. Philip Sheridan (right) accepts the 232nd Medical Battalion colors from Col. Jonathan Fristoe, commander of the 32nd Medical Brigade. Sheridan assumed command of the battalion during a ceremony at MacArthur Field March 27.

etrating trauma; intravenous hypotensive fluid resuscitation; chemical, biological, radiological, nuclear and explosive

principles; and triage and evacuation using both air and ground

See 232 MB, P8

Army improves access for Gold Star Family members

By Luke Elliott
IMCOM Public Affairs

The U.S. Army Installation Management Command recently implemented a program to ensure family members of fallen Soldiers have easier access to Army installations.

Army installations began issuing a standardized Gold Star Installation Access Card March 14 to parents and siblings of deceased active duty Soldiers to allow unescorted access, so they can receive services and support.

"Surviving parents, siblings and others who do not already have a military or family member ID said one of their biggest frustrations is getting onto an instal-

lation to attend Survivor Outreach Services support groups, attend events, visit memorials and visit with other survivors," said Hal Snyder, chief, Wounded and Fallen Support Services, G-9 Family and Morale, Welfare and Recreation Programs, Headquarters, IMCOM.

The Gold Star Installation Access Card was created in response to this feedback after reaching the highest levels of Army leadership.

"Senior Army leadership was listening, and we were able to continue to honor the promise that survivors remain part of the Army family," Snyder said.

In addition to providing access to all Army installations, the new

identification card also serves as a small way of paying tribute to these family members.

"It allows survivors to have a method to gain installation access and it provides acknowledgment that they are Army survivors," said Christine Carruthers, Survivor Outreach Services region specialist, G-9 FMWR Programs, HQ IMCOM.

Carruthers said it is also important for survivors to have easy access to an installation since many of them are not familiar how the Army works.

"In many cases, those individuals have no knowledge of the Army lifestyle and culture, so having ease of access is very helpful to them," Carruthers said.

Many installations were already assisting and recognizing Gold Star Family members with post decals and some were even providing identification cards, but the new installation access card program standardizes these efforts across all Army installations.

The HQ IMCOM Survivor Outreach Services was one of the lead proponents assigned to make the Gold Star Installation Access Card a reality.

Army Survivor Outreach Services was established in 2008 as the long-term solution in the causality assistance continuum of care. The program provides services that address the financial, emotional,

educational, health and family issues that may arise following the death of a Soldier while linking survivors to their Army family.

"The grief journey is unique to every survivor and is experienced in its own way and time," Carruthers said. "Our program is there to assist them through their individual journey and make sure they receive all the services, support and benefits they are entitled.

"For survivors who are not familiar with the Army system, having somebody already connected and knowledgeable about the agencies and resources available to them helps survivors

See GOLD STAR, P13

187TH MEDICAL BATTALION CHANGE OF RESPONSIBILITY

Incoming Command Sgt. Maj. Dena Jimenez (left) accepts the 187th Medical Battalion colors from Lt. Col. Soo Lee Davis, battalion commander, during a change of responsibility ceremony at the post flagpole March 22. Jimenez takes over for Command Sgt. Maj. Mark Cornejo, who is retiring after 26 years of service. Jimenez last served as the chief, clinical sergeant major with the Army Medical Command.

Photo by Esther Garcia



GIRL SCOUT TROOP DONATES COOKIES FOR WOUNDED WARRIORS

Girl Scout Troop 2215, from north-east San Antonio, raised enough money to donate five cases of Girl Scout cookies to the San Antonio Military Medical Center's Fisher House March 25 in support of the wounded warriors.

Photo by
Christina Silos



232 MB from P6

support.

In addition, Soldier medics are taught force health protection measures and limited primary care skills.

Their training culminates with both situational and field training exercises, where they must demonstrate individual- and team-level medical skills. Upon completion of their training they must be capable of managing trauma patients on the battlefield.

Army Emergency Relief campaign ongoing

By Steve Elliott

JBSA-FSH Public Affairs

The 2013 Army Emergency Relief campaign is ongoing and runs through the end of April, said Barron Henry, AER lead for Joint Base San Antonio-Fort Sam Houston.

This year's theme is "Supporting Soldiers and Their Families: Yesterday, Today and Tomorrow." The fiscal year 2012 campaign at JBSA-FSH raised more than \$2 million.

Army Emergency Relief is the Army's own emergency financial assistance program that assists active and retired Soldiers, their family members, their widow(ers) and orphans during valid emergencies that require immediate attention.

Assistance is provided as an interest-free loan, grant or a combination loan and grant.

Funding assists with



food, rent or utilities, emergency transportation and vehicle repair, funeral expenses, medical and dental expenses, personal needs when pay is delayed (due to no fault of the eligible member), emergency Leave (requires a DA Form 31) and undergraduate scholarships to dependent children (based on financial needs).

Funding does not assist with credit cards payments; financing ordinary leave or vacation expenditures; fines, legal expenses or Uniform Code of Military Justice actions; liquidating or

consolidating debt; purchase of home, property taxes; home improvements; bad checks or

losses to accounts due to bank account manipulation or error or divorce/income loss due to

court action.

Those needing AER assistance should go through their chain

of command.

For more information, visit <http://www.aerhq.org> or call 221-1612 or 2705.

JBSA-Camp Bullis Outdoor Recreation *offers activities for every sportsman*



time to vary the course for the competitors. We try to keep them guessing," Merrill said.

Archers need to check-in at the Outdoor Recreation Center between 8 and 10 a.m. for the 3-D archery shoots. Children under age 12 can shoot free. The fun shoot costs \$10 and the tournament fee is \$15.

Fred Richards and his 81-year-old father, Grover Richards, come to JBSA-Camp Bullis for all the 3-D archery shoots.

"I live for this shoot. This is my sanity," the younger Richards said.

"[Dad] was a big golfer. He taught me how to golf, but I don't golf," he laughed.

The elder Richards said his son bought him a bow so they could go shooting together.

JBSA-Camp Bullis Outdoor Recreation also offers recreational vehicle storage, a picnic area, camp grounds and trails for horseback riding.

For more information on outdoor activities and the costs associated with each activity, call 295-7577, 295-7529 or visit <http://www.fortsammwr.com/recreation/camp-bullis.html>.



Lt. Col. Tom Toffoli (left) and Maj. Aaron Betts (right) fire their pistols March 23 on the Sportsman's Pistol Range at Joint Base San Antonio-Camp Bullis. The range is open 10 a.m. to 2 p.m. Saturday and Sunday. Department of Defense ID cardholders must check in at the JBSA-Camp Bullis Outdoor Recreation Center before using the ranges to fire their personally owned pistols, rifles and shotguns.



Grover Richards, 81, takes aim during the 3-D archery shoot at Joint Base San Antonio-Camp Bullis March 23. The 3-D archery shoots are held once a month on Saturday and Sunday.

21 years in civil service.

Hunters must have a valid Department of Defense ID card, hunter's education certificate, a valid Texas hunting license, as well as an annual Camp Bullis permit and activity card.

Texas Parks and Wildlife offers bow and gun hunter's education courses. For class schedules and locations, check their website at <http://www.tpwd.state.tx.us/outdoor-learning/hunter-education> or call 800-799-1112 or (512) 389-4800.

The seasonal catfish pond allows patrons to catch their dinner. Anglers can bring their own equipment or rent a rod for \$1.

The pond is stocked with three- to five-pound channel catfish and a fishing license

is not required. The pond is open weekends, noon to 6 p.m. March through May and 8 a.m. to 1 p.m. June through September. The cost is \$3 per pound live weight.

"The catfish pond was just stocked a couple of weeks ago," said Andy Sanchez, the new outdoor recreation supervisor. "You can't catch and release. Whatever you catch you have to pay for and the cost is \$3 a pound."

The sportsman's gun range is open to DOD ID cardholders to fire their personally-owned firearms – pistols, rifles and shotguns 7.62 caliber or less. Targets range from seven to 25 yards for pistols and 25 to 125 yards for rifles.

"One side of the range is for rifle shooting and the other side is for pistols," Merrill said.

All firearms must be registered at the Outdoor Recreation Center. The gun range may close due to inclement weather or unit practice, so it is best to call 295-7577 or 295-7529 before coming to JBSA-Camp Bullis to use the gun range.

Daily range fee is \$5, an annual pass for the gun range is \$30 and an archery and gun range annual pass is \$45. Fees are subject to change, Sanchez said.

"The biggest thing is gun and range safety," Sanchez added. "Families come out together to shoot together; mom, dad and the kids."

The outdoor archery range is open 8 a.m. to 4 p.m. Monday, Thursday and Friday, and 7 a.m. to 5 p.m. Saturday and Sunday. Archery targets range from 10 to 60 yards. Patrons can use all types of bow, but field tip arrows are required.

Bow and arrows are not supplied, patrons must supply their own. Daily range fee is \$3 and an archery range annual pass is \$20.

3-D archery shoots are held seasonally the fourth weekend of each month. Thirty targets are randomly set throughout a wooded area. Targets are set at varying distances, ranging from 10 to 55 yards.

"We move the targets each



The catfish pond is open noon to 6 p.m. Saturday and Sunday at Joint Base San Antonio-Camp Bullis. The cost is \$3 per pound, and is open to all Department of Defence ID cardholders. There is no catch and release; you catch it, you buy it.



David Boatwright catches a fish at the catfish pond at Joint Base San Antonio-Camp Bullis. This was Boatwright's first time fishing at the catfish pond.



Nicolette Hill (right) and her son, Maddix, try their hand at fishing March 23 at the catfish pond at Joint Base San Antonio-Camp Bullis.



A group of children from D'Hanis 4-H Club participate in the 3-D archery shoot March 23 at Joint Base San Antonio-Camp Bullis. This is the first time the group joined the competition, but they plan to come back next month.

Photos by
Lori Newman

MARINE from P1

he spent his time rehabilitating and undergoing reconstructive surgeries as an outpatient. His goal was to recover and stay on active duty as an infantryman.

That didn't happen. During a medical board brief to determine whether Cianchetta could stay in active duty as an infantryman, burn center physician's assistant Charles "Kelley" Thompson explained his options now that his right pinky had been amputated and the limitations burn scars have on a body.

"I was given the option of staying in, but not as an infantryman," said Cianchetta. "It was a very difficult decision, but I felt that I had to leave.

"At that point I didn't feel that I was in the best shape to give 100 percent to the Corps. I was still recovering, and it was going to be a long road before I returned to the infantry. I didn't want to do anything but infantry, so I decided to leave."

During the same brief, Thompson asked Cianchetta what he wanted to do when he got out. "I want to be a policeman," he said.

"I told him that he may want to reconsider that career because it could be very difficult to achieve," said Thompson, who spent several years in law enforcement.

Persistent on setting a goal, Cianchetta told Thompson that he was going to do it.

Cianchetta credits his determination to the

training he received while on active duty and the people he has surrounded himself with. "My wife has been a big inspiration for me from the day I met her," he said.

The road to the couple's encounter had been paved long before they met. While an outpatient, Cianchetta and other wounded warriors were invited on a hunting trip in West Texas at the ranch of Charles Lackey where he met Lackey's sons, Craig and Brad. He and Craig hit it off and became best friends.

When Cianchetta moved back to New York in 2010, the economy was in shambles and hundreds of New York Police Department officers were being laid-off. The prospect of being on the NYPD was slim.

So after five months of being home and before pursuing his goal of becoming a police officer, Cianchetta decided to go on a road trip to visit Marines from his unit.

The trip took him to Virginia, Florida, Alabama and ultimately ended in San Antonio with a visit to the Lackeys' ranch. That's when he decided to stay in Texas.

"I told him [Craig] that I did not want to go back home," he said. "Craig told me to stay with them until I figured out what I was going to do."

As a public works director, the elder Lackey knew about the Alamo Area Regional Law Enforcement Academy. Cianchetta applied for and was accepted to attend the academy and began training in

January 2011.

While waiting for the training to commence, Cianchetta went out with a group of hunters on the Lackey's ranch. While on that hunting excursion, one of the hunters suddenly fell ill and died. It was at his funeral where he met Hannah Thompson.

"I saw her sitting alone, and I started talking to her," said Cianchetta. "I immediately felt something that I had never felt before in my life."

"It was interesting," said Hannah. "I knew something significant had just happened."

"We like to say that it was the end of one life and the beginning of another," said Cianchetta.

Hannah said that her best friend's father, James, was a very charismatic person and would approve of their encounter. "He would have loved it," she said.

A few days later, the couple went out on their first date. "I went to her house to pick her up and meet her parents."

The first thing he heard when he got to the front door was, "Corporal Cianchetta!" It was Thompson, the burn center physician's assistant who had cared for him and briefed him on his medical board.

When asked what it was like seeing Thompson again, Cianchetta said, "It was breathtaking. I was nervous. I didn't know what to say.

"First of all, he's not very friendly looking and he's a big man. It wasn't fun."

It's not like they hadn't



Photo by Steven Galvan

Douglas F. Cianchetta (center) poses with his wife Hannah and their baby daughter. The two had met through an unusual set of circumstances involving the former Marine's treatment at the U.S. Army Institute of Surgical Research Burn Center at Joint Base San Antonio-Fort Sam Houston.

talked before. Thompson had been at his bedside countless times talking to him about the type of treatment or medications he needed.

But this time it was different. It was no longer professional; it was on a personal level. The two headed off to a room where they talked for the next 2 1/2 hours and got caught up.

"I took my shoes off and got comfortable on the couch with my mom," said Hannah. She knew it was going to be a while before they went out on their date.

"He [Thompson] was supportive of our relationship from the start," said Cianchetta.

Life was good for him, he was about to start training at the police academy, and he was in love.

After a few months of dating, the peace officer trainee proposed. "At first, her dad told me no."

His persistence paid off. The couple married in April 2012 and have a 2 1/2 month old baby girl.

"Life is great," said Hannah. "I'm very happy and I couldn't imagine anything different."

Cianchetta achieved another one of his goals when he was hired as a patrolman in October 2011 with the Windcrest Police Department, a suburb of San Antonio. "I am so grateful to the Windcrest Police Department for giving me this opportunity despite my injuries," he said.

"The Corps taught me from day one to never quit, to always prosper, and to always do your best regardless of your limitations," he said.

The burn scars will always remind him that he can accomplish what he sets out to do he just has to push himself a little more. And that's the message that he wants told.

"We all have the same opportunities, but not everyone takes advantage of them," he said. "I know of Marines with amputations, but they don't allow them to be disabilities. They go on with life and don't let anything stop them."

Since the age of 8, Cianchetta has known what he wants and he's not remotely close to being done.

"The next set of goals that I have is to be a good husband and to give my family everything I possibly can," he said. "The future looks great. I'm very happy. I'm blessed to have all this, I really am."

GOLD STAR from P6

navigate through that much easier."

In addition to the installation access card, the

Army also implemented a program to provide reserved parking spaces to Gold Star Family members on Army installations.

The Department of Defense presents one of two lapel pins to Gold Star Family members. The pins are worn by the survivors to recognize their

sacrifices and as a way for others to honor their family members' military service.

The first pin is the Gold Star Lapel Pin, which was

established by Congress in 1947 and is presented to spouses and family members of service members killed in combat.

The second pin is the

Next of Kin Lapel Pin, which is presented to immediate family members of service members who die while serving outside of combat operations.

USAMITC helps telehealth become a reality for Navy medicine

By David Payne
USAMITC Public Affairs

The U.S. Army Medical Information Technology Center is rapidly becoming the go-to source for the implementation of telehealth, which is the delivery of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.

The U.S. Navy is one of USAMITC's newest customers, with instant messaging hardware and software program named Jabber being installed as part of a pilot program at Naval Hospital Camp Lejeune, N.C., in the coming year.

This initiative will also give Navy medical care

providers the ability to conduct telehealth with their counterparts within the Veteran's Administration and U.S. Army. It will also save on temporary duty travel, as they can discuss medical care and support of Navy patients without the patient having to go to another medical facility.

The reason behind the agreement between Navy Medicine East and USAMITC is the enterprise service and support capabilities USAMITC already has in place through its infrastructure.

While the pilot phase will be conducted at the Naval Hospital Camp Lejeune, plans are being made to bring the telehealth/Jabber platform to every naval medical hospital and treatment facility worldwide.

"The demonstrative process is under review at Camp Lejeune and at the Medical Education and Training Campus at Joint Base San Antonio-Fort Sam Houston," said Dwaine Brown, USAMITC video network center branch chief.

This effort between Army and Navy medicine showcases the growing move toward joint efforts in all aspects of military medicine.

With JBSA being the location of the premier medical school for all of the U.S. military and other strategic nation partners, telehealth is the newest in a long line of critical software and hardware modernizations USAMITC has developed for its customers.

"When we provide Naval Hospital Camp Lejeune and METC with



Photo by David Payne

Maj. Gen. Alan R. Lynn, commander of the Army Network Enterprise Technology Command, uses the video Jabber system to speak with a member of his command back at Fort Huachuca, Ariz., while visiting the U.S. Army Medical Information Technology Center at Joint Base San Antonio-Fort Sam Houston Feb. 13.

Jabber, the Navy will have its foot in the door for telehealth," said Chris Ahrens, VNC technical support lead.

The video network center's Jabber platform is one of the most popular ones the center is currently managing. The

VNC handles approximately 530 video calls and 4,250 audio calls for Army, Navy, and VA customers each month.



Man-to-Man

Friday, noon-1 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0349.

Wounded Warrior Monthly Scramble

Friday, 12:30 p.m., JBSA-Fort Sam Houston Golf Club, 1050 Harry Wurzbach Road. Tournament costs \$35 for nonmembers and \$25 for members. Fee includes dinner and an entry to win prizes at the pro shop. Call 222-9386.

CYSS Baseball Season Opener

Saturday, 9-10 a.m., Youth Sports Complex, Dodd Field. The first pitch will be followed by festivities paying tribute to the Month of the Military Child with free pizza, games and entertainment from 10 a.m.-noon. Call 221-3502.

Cowboys for Heroes

Saturday, 11 a.m.-5 p.m., JBSA-Fort Sam Houston Equestrian Center. A full day packed with free western family fun, including live music, horse-riding performances and the much-anticipated chuck wagon cooking. Call 224-7207.

Talk is Cheap

Monday, April 15 and 22, 9:30-10:30 a.m., JBSA-Randolph. Call 221-0349.

Scream Free Parenting

Monday, April 15, 22 and 29, 1-3 p.m., Joint Base San Antonio-Randolph. Call 221-0349.

Children in the Middle

Monday, April 15, 22 and 29, 2-4 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0349.

PowerPoint Level 1

Tuesday, 8 a.m.-noon, Warfighter and Family Readiness, Building 2797. Call 221-2705.

Battlemind Pre-Training for Families

Tuesday, 9-11 a.m., Warfighter and Family Readiness, Building

2797. Call 221-0946.

H.U.G.S. Playgroup

Tuesday, 9-11 a.m., Middle School Teen Center, Building 2515. Call 221-0349.

Savings and Investing

Tuesday, 9-11 a.m., Warfighter and Family Readiness, Building 2797. Call 221-2380.

Overseas Orientation

Tuesday, 10-11 a.m. and 5-6 p.m., Warfighter and Family Readiness, Building 2797. Call 221-9698.

Building Effective Anger Management Skills

Tuesday, April 16, 23, 30, May 7 and 14, 11:30 a.m.-1 p.m., Red Cross, Building 2650. Call 221-0349

Immigration and Citizenship

Tuesday, noon-2 p.m., Warfighter and Family Readiness, Building 2797. Call 221-9698.

Post-Deployment Planning

Tuesday, 1-2:30 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0626 or 221-0946.

Budgeting

Tuesday, 2-4 p.m., Warfighter and Family Readiness, Building 2797. Call 221-2380.

PowerPoint Level 2

Wednesday, 8 a.m.-noon, Warfighter and Family Readiness, Building 2797. Call 221-2705.

Holocaust Days of Remembrance

Wednesday, noon-1 p.m., Road-runner Community Center, Building 2797. Guest speaker is Holocaust survivor Rose Sherman Williams. Call 221-0417.

First Term Financial Readiness

Wednesday, noon-4 p.m., Warfighter and Family Readiness, Building 2797. Call 221-2380.

Resiliency Training 'Problem Solving'

Wednesday, 1-3 p.m., Building 4011A, Hood Street. Call 221-0626 or 221-0946.

Excel Level 1

Thursday, 8 a.m.-noon,

Warfighter and Family Readiness, Building 2797. Call 221-2705.

Army Family Team Building Level 1

Wednesday and Thursday, 8:30 a.m.-2:45 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0918 or 221-2611.

Key Caller Training

Thursday, 9 a.m.-3 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0946.

De-Stress for Success

Thursday and April 18, 2:20-4:30 p.m., Red Cross, Building 2650. Call 221-0349.

National Library Week April 14-20

Special information days will be 9 a.m. April 17 and 1 p.m. April 18 at the Keith A. Campbell Memorial Library. The library staff will be available to walk patrons through the latest digital tools, including phone apps and portable devices for accessing your favorite online reading material. Call 221-4702.

Summer Camp

Weekday summer camp registration opens 8 a.m.-4 p.m. April 15 for youth, ages 5-18 at Parent Central, Building 2797. The office is closed for lunch 1-2 p.m. The camp runs weekdays from 6 a.m.-6 p.m. Active duty single and dual will register April 15 and 16 and all others will begin registering April 17. Call 221-4871.

'Broadway Divas'

Performances are Thursday, Friday and Saturday, through April 20 at the Harlequin Dinner Theatre. Dinner is served at 6:30 p.m. and the show begins at 8 p.m. Call 222-9694 for ticket information.

Jazz & Wine Tickets on Sale

Tickets are on sale for the Jazz & Wine event 8 p.m. April 26 at the Fort Sam Houston Theatre. Doors open and cocktail hour begins at 7 p.m. Advance tickets are \$35 or \$45 at the door. Visit <http://goo.gl/RfMGK> or <http://www.ArmyMWR.com/JAZZ>.

Operation Megaphone Worldwide Lock-in

Teens are invited to Operation Megaphone Worldwide Lock-in 9

p.m. April 26 to 7 a.m. April 27 at the Middle School Teen Center, Building 2515. Teens will enjoy a night of sports, food and movies. The cost is \$5 per teen. Call 221-3630.

EFMP, Special Olympics Equestrian Event

April 27, 9 a.m.-noon, JBSA-Fort Sam Houston Equestrian Center. Call 221-2962.

Army Ten-Miler Qualifier

Active duty service members on JBSA-Fort Sam Houston are welcome to test their skills at the Army Ten-Miler 7 a.m. May 5 at the Central Post Gym. The run is designated for active duty, varsity-level athletes who are actively training. The top five active duty military men and women qualify to represent JBSA-Fort Sam Houston at the Army Ten-Miler in Washington, D.C. The registration deadline is April 26. Call 808-5710.

Moms and Tots Stroll

Monday, Wednesday and Friday, 9-11 a.m., Fitness Center on the METC, stroll on the indoor track and win prizes. Call 808-5709.

SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381 for dates and times.

Cheer Coaches Needed

JBSA-Fort Sam Houston Youth Sports is looking for volunteers to coach children 5-12 years of age for the 2013 cheer season. Volunteer coaches must be at least 21 years old and willing to commit for the entire season, August through November. All volunteer coaches are required to complete an application and consent to a background check. Call 221-5519 or 221-4492.

Catfish Pond Open

Saturday and Sunday, noon-6 p.m., JBSA-Camp Bullis, cost is \$3 per pound. Call 295-7577.

San Antonio Australian Football Club

High school and college athletes are invited to play in the San Antonio Australian Football Club. Practices held on Saturdays from

11-11:30 a.m. on JBSA-Fort Sam Houston at the fields between Artillery Post, New Braunfels, Stanley, and Liscum Roads. Call 382-5305, 830-556-9397 or 426-7655.

JBSA-Fort Sam Houston Ticket Office

The ticket office is located in the Sam Houston Community Center and is open 10 a.m. to 5 p.m. Tuesday through Friday. Call 808-1378.

Sportsman Range

The range is open 10 a.m. to 2 p.m. Saturday and Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.

Jimmy Brought Fitness Center Extends Hours

The Jimmy Brought is open 4 a.m.-10 p.m., Monday through Friday, 8 a.m.-7 p.m. Saturday and Sunday and 8 a.m.-5 p.m. federal holidays. Indoor pool hours are 5 a.m.-8:30 p.m. Monday through Friday and 8:30 a.m.-4:30 p.m. Saturday, Sunday and federal holidays. Call 221-1234.

Theater Arts Program

Children, ages 4 and up, can take the stage after a long day at school in the Theater Arts Program at School Age Services, Building 1705. The cost is \$80 for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381.

Home Child Care Providers Needed

Family Child Care on JBSA-Fort Sam Houston is looking for family members interested in providing licensed child care in their homes. Providers can earn additional income at home, full or part time. Call 221-3828.

Parent Central Customer Service

JBSA-Fort Sam Houston Parent Central assists walk-in patrons from 8 a.m. to noon and 2 to 4 p.m. for registration and 12:30 to 1 p.m. for out processing and payments. Parent Central is located in Building

2797. Call 221-4871.

Before and After School Care Registration

Register your child for before and after school care at JBSA-Fort Sam Houston Parent Central, 221-4871. Warriors in Transition and their family members should register at Soldier Family Assistance Center or call 916-6377. Registration is ongoing until full.

School Liaison Office

The JBSA-Fort Sam Houston School Liaison Office can assist patrons in registration, provide information about the local school system and community, educate parents on school policies, procedures, programs and schedules and home schooling. Visit <http://www.footsammwr.com/youth/slo.html> or call 221-2214 or 221-2256.

Story Time at the Library

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, Building 1222 on Harney Path. Call 221-4702.

Thrift Shop Open

The JBSA-Fort Sam Houston Thrift Shop at 3100 Zinn Road, run by the Spouses' Club of the Fort Sam Houston Area, is open to all DOD cardholders and full of clothing, shoes, housewares, toys, books, furniture, jewelry and more. Hours are 9 a.m. to 2 p.m. Wednesday, Thursday and the third Saturday of each month. Consigned items are taken from 9 a.m. to 1 p.m. Donations are taken anytime during regular business hours. Call 221-5794/4537 or click on <http://www.scfsh.com>.

Pet Consult Services Available

The JBSA-Lackland Veterinary Treatment Facility provides animal behavior consult services for family pets. The VTF's military animal behavior resident is scheduling appointments. The Army resident can assist pet owners with understanding their pet's behavior, and preventing, managing, or resolving pet behavioral problems. Common problems may include aggression, fear, anxiety, hyperactivity, inappropriate elimination and tail chasing. Call 671-3631 or 671-2245.



FORT FREEBIES FOR SALE

FOR SALE: Solid wood entertainment cabinet; has closing doors, three drawers and several component spaces, 69.5 inches high, 41.5 inches wide, 21 inches deep; inside dimensions for TV 31.5 inches high, 39 inches wide, \$125. Call 666-

0502 anytime.
FOR SALE: Oakley sun glasses, new, iridium, (similar to Juliet style, over \$350 new), 99 percent UV protection, with new hard case, \$76; patio bench, 53 inches long, plus patio chair, both with cushions, \$23; Penmate dog crates, new, one for large dog, one for small dog, with stainless steel windows and door; hand-crafted metal table with black marble top, 37 inches long, 16 inches wide, 32 inches high, \$75; color TV and other items. Call 313-0061.

FSHISD WEEKLY CAMPUS ACTIVITIES APRIL 8-13

Fort Sam Houston Elementary School April 11

Individual spring pictures

Robert G. Cole Middle and High School April 8

Cole cheerleading tryouts
Tennis at Starcke Park, Seguin, 8 a.m.

April 9

Cole cheerleading tryouts
Tennis at Starcke Park, Seguin, 8 a.m.
Junior varsity/varsity baseball vs. Catulla 4:30-7 p.m.

April 10

Cole cheerleading tryouts
Track at Randolph, time TBA

April 11

Cole cheerleading tryouts
Track at Randolph, time TBA
Cole "Chart Your Course" Planning success through middle school and beyond, 5:30-6:30 p.m., middle school mall area

April 12

Cole cheerleading tryouts
Varsity baseball vs. Jourdanton, 4:30 p.m.



Scan with Smartphone app to access the Joint Base San Antonio website at www.jbsa.af.mil

ASSAULT from P2

tence and national certification so that they are providing victims the best quality care," Metzler said.

Senior Pentagon officials emphasize that the department has a zero-tolerance policy for

sexual assault. In recent weeks, Patton has met with Capitol Hill lawmakers to discuss the department's response to sexual assault, emphasizing that the Pentagon needs to do more to combat the crime while welcoming input from outside groups.

A goal of the new policies and procedures is to encourage sexual assault victims to have confidence in the system and to come forward and report crimes, which Metzler acknowledged are "vastly under reported." "The department takes this seriously, that when

a victim tells us that they have been sexually assaulted, we will believe them," he said. "We will protect their privacy. They will be able to have help and care because we understand the nature of this crime and we want them to come forward to get help."

OUTSIDE THE GATE

Transitions: A Female Focus on the Homefront

The San Antonio Public Library is partnering with the San Antonio Coalition for Veterans to present programs to help veterans deal with transition to civilian life. A program will be held 2 to 4 p.m. Saturday at the Central Library, 600 Soledad Street. The seminar will offer advice on overcoming obstacles to entering the job market and barriers that come up during their job search. Four specialists will discuss these topics, with a special emphasis placed on assisting female veterans, military wives and caregivers. Visit <http://www.mysapl.org>.

INSIDE from P15

SAT and ACT Test Prep Programs

The SAT and ACT PowerPrep™ Programs are available online or DVD, and include more than 11 hours of video instruction and 3,000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, practice tests and graphic teaching illustrations. Eligible recipients included service members from all branches of the military who are active duty, retired, veterans, Guard, Reserve, DOD employees, contractors and civilians performing military support. The eKnowledge Sponsorship covers the complete \$200 purchase price for the standard SAT or ACT Test Preparation Program. There is a nominal charge of \$17.55 to \$19.99 per standard program for the cost of materials, support, streaming and shipping. Each SAT or ACT test preparation program has a one-year license from the day the product is ordered. To place an order,

Battle Mind vs. Civilian Mind: Understanding Military

The San Antonio Public Library presents a program from 2 to 4 p.m. April 13 at the Memorial Library, 3222 Culebra, to help veterans deal with transition to civilian life. Psychologist Dr. Kelly Arnnemann will explain why veterans return home changed and will offer a better understanding of the veteran everyone wants to know. Visit <http://www.mysapl.org>.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

visit <http://www.eKnowledge.com/MAFB> or call 951-256-4076.

Cloverleaf Communicators

Meetings are held the first and third Friday of every month 11:45 a.m.-1 p.m. at Building 4011A, off Reynolds and Wilson Way. Visit <http://powertalkinternational.com/> or call 916-3406 or 221-8785.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the last Thursday of each month, noon-1 p.m. at the Army Medical Department Museum. Call 221-4424 or 837-9956.

Retired Enlisted Association

Chapter 80 of the Retired Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the JBSA-Lackland Gateway Club. Call 658-2344.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel
Building 1721, 3600 Dodd Blvd.
8:30 a.m. - Samoan

10:30 a.m. - Gospel

Army Medical Department

Regimental Chapel

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Collective Service

Brooke Army Medical Center Chapel

Building 3600,
3851 Roger Brooke Rd.
10 a.m. - Traditional

Evans Auditorium

Building 1396, 1396 Garden Ave.
11:01 - Contemporary
"Crossroads"

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3851 Roger Brooke Rd.
11:05 a.m., Monday through Friday

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way
11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD
8:30 a.m. - Morning Mass, BAMC
9:30 a.m. - Morning Mass, MPC
11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,
Friday, MPC
8:30 p.m. - Oneg Shabbat,
Friday, MPC

ISLAMIC SERVICE

1:30 p.m. - Jummah, Friday,
AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,
AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



Edwards Aquifer Level

in feet above sea level as of April 2

CURRENT LEVEL * = 645.8'

*determines JBSA water conservation stage

Normal - above 660'

Stage I - 660'

Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'

For water restrictions, visit <http://www.502abw.af.mil>.



Weekly Weather Watch

	Apr 5	Apr 6	Apr 7	Apr 8	Apr 9	Apr 10
San Antonio Texas	79° Mostly Sunny	82° Partly Cloudy	86° AM Clouds/PM Sun	83° AM Clouds/PM Sun	91° Isolated T-Storms	86° Partly Cloudy
Kabul Afghanistan	68° Sunny	69° Partly Cloudy	68° Partly Cloudy	64° Cloudy	64° Showers	66° Few Showers

(Source: The Weather Channel at www.weather.com)